

Fact Sheet



Founded as a non-profit organization in 1992, the purpose of MOMS Orange County is to improve the health status of vulnerable mothers and babies in Orange County. Our model allows for unique opportunities to observe mothers' and babies' health, infant development and safety risks that can benefit from early intervention. We serve 5,000 mothers, babies and fathers annually throughout Orange County. Services are provided in English, Spanish and Vietnamese by Maternal-Child Health Coordinators, Health Educators and RN Case Managers. **Core services:**

Home Visitation

Monthly one-on-one education and support during pregnancy continuing through baby's first year. Services are provided by bilingual Maternal-Child Health Coordinators under RN case management. Includes:

Maternal health – Monthly education relevant to each stage of pregnancy and infant development; promotion of nutrition and self-care.

Risk screenings - Comprehensive assessment and screenings for prenatal and postpartum health risks including gestational diabetes, pre-term labor, ACEs and social determinants of health

Depression - Prenatal and postpartum depression screening using the Edinburgh Postnatal Depression Scale®. Provide ROSE (Reach Out Stay Strong Essentials), a NIH-funded curriculum that has been found to prevent postpartum depression by as much as 50%.

Health access and navigation - Ensure mothers and infants have a medical home and are able to access health care. Assist with navigating the health care system and accessing community resources.

Oral health - Conduct oral health education for mothers and babies, and ensure clients have a dental home

Infant development - Screenings for infant health and development using the ASQ-III®, ASQ-SE® and other tools; facilitate early interventions

Breastfeeding support - Breastfeeding education and support

Parenting - Promote parent-child bonding, parenting, literacy and safety

Resource connection - Provide referrals for resources for basic needs and specialized services

Other - As donations allow, provide diapers and infant care items

Group Health Education

Class series are offered at MOMS and other community locations:

Prenatal Education Class

Childbirth Preparation Class

Breastfeeding Education & Support Group

New Dads Workshop

Mommy & Me Groups for babies 3-5, 6-11 and 12-17 months

My Parents & Me Groups for babies 3-5 and 6-11 months

Background

A member of the Bridges Maternal Child Health Network of First 5 Orange County, MOMS Orange County has demonstrated through rigorous outside evaluation that its program brings infants from a highly disadvantaged population to health and developmental levels that exceed those set by the general population. The organization has been recognized by First 5 Orange County, OC Health Care Agency, CA Dept. of Health, and the U.S. Congress. Program funding comes from philanthropy, partnerships and contracts.

Fee

No cost to participant

Population Served

More than 90% of participants have or are eligible for public health insurance due to limited income.

Eligibility

Adolescent and adult women can enroll in Home Visitation beginning in pregnancy. No income or insurance restrictions. No doctor referral required.

How To Enroll

Call (714) 972-2610
(English/Spanish)

Regular phone number:

(714) 972-2610 or (800) 787-5858
(English/Spanish)

Online enrollment:

www.momsorangecounty.org/programs

For providers:

www.momsorangecounty.org/providers

Vietnamese speakers:

Call (714) 580-3730